



Nursing Nutrition Education Day 2026

Thursday 30th July - Online

Timetable

Login from 8.45am

9.00am Welcome (15mins)

- Overview of key nutrition challenges in 2026
- Role of MCHNs in early nutrition intervention

Bianca Sowerby

9.15am Emerging disabilities and early life nutrition – a multi-disciplinary approach and consistent messaging (60mins)

Madeline Pilgrim

10.15am Morning Tea (15mins)

10.30am Growth Monitoring - When and How to Take Action (60mins)

Natalie Bruckard

11.30am Cow's Milk and Soy Allergy in Infants: Current Guidance and Practical Management (60mins)

Karman Liu

12.30pm Lunch (45 mins)

1.15pm Iron Deficiency and Micronutrient Risks in Infants and Toddlers: Practical Guidance for Nurses (60mins)

Elise Wilson

2.15pm Responsive Feeding Practices and Strategies for young kids (60mins)

Georgia McLeod

3.15 pm Afternoon Tea (15mins)

3.30 pm New ASCIA Allergy Prevention guidelines with practical tips and exploring the new resources available (60mins)

Vikki Wearne

4.30 pm Close